

## Camp Woods Camper Dietary Requirements

Camp Woods takes the safety and well-being of all campers and participants in the highest priority. We strive to provide the best meal and food service experience to everyone who joins us at camp. At camp we serve a wide variety of foods to meet the nutritional needs of most of our participants. In order to meet the needs of participants who have special dietary requirements due to allergies, food intolerances, or other health issues, as well as those who follow alternate diets for ethical or religious reasons, it is necessary to obtain as much information as possible prior to arrival at camp. Please be as specific as possible regarding exact nature and severity of any allergy or intolerance. We appreciate parents and caregivers providing this information to the camp. While Camp Woods attempts to provide meals which meet these special needs as much as possible, it is still the responsibility of the individual to avoid those foods which he or she is unable to eat. In some rare cases, it may be necessary for the camper to bring some food items, which can then be prepared by the camp staff. Please fill out the following information for each individual participant including youth and adults.

Camper Name: \_\_\_\_\_

Dates or session at camp: \_\_\_\_\_

Contact Name for Further Information if Needed: \_\_\_\_\_

Relationship to Camper: \_\_\_\_\_ Phone: \_\_\_\_\_

Food Allergy: Yes    No

Description of specific allergies: (explain routines at home or any specific instructions)

Other Specific Dietary Requirement: (vegetarian, vegan, lactose, gluten, halal, kosher)

Any other information you feel we should know about that would be helpful:

Signature of parent or guardian:  
(you have verified the information above is correct)

Date:

**Please submit this form to the camp directly by emailing [dave.hnatiuk@scouts.ca](mailto:dave.hnatiuk@scouts.ca)**